

## Coronavirus vaccinations

Coronavirus vaccinations are underway in the Joint Authority's area.

Pfizer-BioNtech or Moderna will be given as a booster for people under 65 who have received AstraZeneca's vaccine. Otherwise, the booster dose will be given with the same vaccine as the first one. It is recommended that people over 65 years of age continue the vaccination course with the previously received corona vaccine if no medical barrier to its use has appeared. If you have received an Astra Zeneca vaccine and do not want an Astra Zeneca vaccine as a booster, you can also choose an mRNA vaccine (Moderna or Pfizer-BioNtech). If the client chooses another vaccine, he or she will schedule another time for booster vaccination.

**Vaccinations for occupational health clients are primarily arranged by their own separately contracted occupational health.**

[Please check the vaccination points in health care units here](#)

[Please check the vaccination points of occupational health care providers here](#)

Vaccination consists of two doses of the vaccine, one of which is given 12 weeks after the first vaccine. Time for both vaccinations is booked at the same time. If necessary, the time of the booster dose can be postponed by a week (11-13 weeks after the first vaccination). It is recommended to visit the same site to get the booster dose.

We recommend making an electronic appointment via the links below. If a citizen has a security ban in the population register data, neither eService nor electronic appointment booking is possible. Vaccination is voluntary and free of charge.

Electronic appointment booking on behalf of the elderly is possible through [transact on behalf of someone](#). A close person can also assist the elderly person to make an electronic appointment. You can also make an appointment by calling your own sote-center.

## Preparing for vaccination

Do not come to vaccination if you have a fever, respiratory symptoms or stomach symptoms. If necessary, cancel the time given. The vaccination is given at the top of the upper arm, so wear clothing where the upper arm is easy to expose. Bring your identity card (driving license or Kela card are also valid). To avoid congestion, it is important not to enter the waiting area too early. So please do come at the agreed time. After vaccination, the follow-up time is 15 minutes, or if you have previously had an anaphylactic reaction to any vaccine or medicine, the follow-up time is 30 minutes. Be prepared for this on your schedule. The client cannot choose the vaccine that will be used and no other alternative vaccine can be prescribed by a doctor. The only exception to this is a severe allergy to any of the vaccine adjuvants.

Links to appointments can be found here: [pajjat-sote.fi/ajanvaraus-ja-tietoa-koronarokotuksista](https://pajjat-sote.fi/ajanvaraus-ja-tietoa-koronarokotuksista)

## **Vaccinations of Sote-professionals**

The Joint Authority's staff and Occupational Health Wellamo's clients book an appointment at the vaccination point of Päijät-Häme Central Hospital. Others, such as employees of a private service provider, book time for their own occupational health provider. Sote-personnel who do not belong to specifically defined critical care groups receive their vaccination on the vaccination shift of their own age group from their own occupational health.

[Check the vaccination points of occupational health care providers here](#)

## **Cancellation or rescheduling**

Mikäli et pääse rokotukseen, on tärkeää, että perut varatun ajan. Sähköisesti varatun ajan voi perua sähköisen ajanvarausjärjestelmän kautta. Jos sähköisesti varatun ajan peruu puhelimitse, peruttu aika jää näkyviin sähköiseen ajanvarausjärjestelmään. Puhelimitse varatun ajan voi perua vain puhelimitse. Rokotuspisteellä sairaanhoitajan varaama tehosterokotusaika perutaan tai siirretään puhelimitse.

Ajan siirtäminen: peru ensin varatut ajat ja varaa uudet ajat.

If you are unable to come to vaccination, it is important that you cancel the time you were given. Electronically booked time can be canceled via the electronic appointment system. If the electronically booked time is canceled by telephone, the canceled time will remain visible in the electronic appointment system. The time reserved by telephone can only be canceled by telephone. At the vaccination point, the booster time booked by the nurse is canceled or rescheduled by telephone.

To reschedule: cancel the booked times first and book new times.

## **Safety of vaccines**

Käytössä olevien rokotteiden tiedetään estävän erittäin tehokkaasti oireista koronatautia ja erityisesti vaikeita tautimuotoja. Toistaiseksi on melko vähän tietoa siitä, kuinka hyvin rokotukset estävät tartunnan saamista ja tartuttavuutta. Siksi toimitasuositukset ovat toistaiseksi samat sekä rokotteen saaneille että rokottamattomille henkilöille.

The vaccines in use are known to be very effective in preventing symptomatic corona disease, and in particular severe forms of the disease. So far, there is relatively little information on how well vaccinations prevent infection and infectivity. Therefore, the recommendations for action are so far the same for both vaccinated and non-vaccinated individuals.